

EFIC Autumn Pain School
Medical Chamber of Carinthia,
Division Pain and Palliative Care

30. August – 4. September 2009
Parkvilla Woerth, Poertschach - Klagenfurt
Austria

Course Directors: Rudolf Likar, Klagenfurt / Reinhard Sittl, Erlangen

MAIN TOPICS:

Acute Pain
Cancer Pain
Headache
Low Back Pain
Neuropathic Pain
Pain in the Elderly
Psychological methods in chronic pain

Faculty:

R. Likar, R. Sittl, S. Schug, G. Varrassi, H.-G. Kress

Interactive lectures:

R. Likar, R. Sittl, W. Amberger, Ch. Breschan, K. Reckinger, N. Griesinger,
M. C. Spindel, W. Ilias, P. Mattenklodt

Guest Speakers:

N. Rawal, G. Varrassi, S. Schug, H. Sprott

**Registration Fee: € 900,-- (covers lunches, supporting material, access to the
international paincourse on internet)**

Limited number of participants!

Bank account:

Hypo Alpe-Adria Bank Klagenfurt, BLZ: 52000, Account Nr.: 1106066 - EIPC

IBAN: AT98 5200 0000 0110 6066, BIC: HAABAT2K

Conference Registration: Medical Chamber of Carinthia, Petra Spindler

www.paincourse.com, e-mail: fortbildung@aekkt.n.at



EFIC Autumn Pain School

**30. August – 4. September 2009
Pörschach / Klagenfurt - Austria**

Sunday, 30. August 2009

19.00

Welcome Dinner

Monday, 31. August 2009
Acute Pain (R. Likar, R. Sittl, Ch. Breschan)

- 9.00-9.30: The Role of EFIC
(G. Varrassi)
- 9.30-10.45: Basics in physiology, pain assessment,
treatment of posttraumatic pain, treatment of postoperative pain
- 10.45-11.15: *Coffee Break*
- 11.15-12.45: Treatment of acute post-thoracotomy pain, postoperative
treatment of patient on opioids, treatment of acute shoulder
pain, use of PCA and PCEA
- 12.45-16.00: *Lunch Break*
- 16.00-16.45: Non-Opioids
(R. Sittl)
- 16.45-17.30: How to organize an Acute Pain Service (APS)
- 17.30-18.00: *Coffee Break*
- 18.00-19.00: Acute low back pain, acute pain in renal colic (**S. Schug**)
- 19.00-19.30: Acute pain in children (Ch. Breschan)

Optional workshop:

15.00-16.00: *TENS – hands on practice*

Tuesday, 1. September 2009
Cancer Pain (R. Likar, R. Sittl, K. Reckinger)

- 9.00-10.30: Principles of cancer pain therapy,
 Use of non-opioids (WHO I) and weak opioids (WHO II) in
 cancer pain, use of antiemetics
- 10.30-11.00: *Coffee Break*
- 11.00-12.30: Use of strong opioids (WHO III), use of laxatives
- 12.30-15.00: *Lunch Break*
- 15.00-16.30: Invasive methods in the treatment of cancer pain (R. Likar)
- 16.30-17.00: *Coffee Break*
- 17.00-17.45: Guest Lecture: The treatment of pain in rheumatological disease
(H. Sprött)
- 17.45-18.30: Breakthrough pain in cancer pain
- 18.30-18.45: *Coffee Break*
- 18.45-19.45: Optional workshop: Biofeedback (W. Pipam)

**Wednesday, 2. September 2009
Headache (W. Amberger)**

9.00-10.30: Migraine - symptoms and treatment, Cluster headache
- symptoms and treatment

10.30-11.00: *Coffee Break*

11.00-12.30: Tension headache, drug-induced headache, symptoms
and treatment

12.30-12.45: *Refreshments*

12.45-13.30: Cannabinoids and pain control (**H.-G. Kress**)

Sightseeing Tour in the afternoon, dinner in the evening

Thursday, 3. September 2009
Neuropathic Pain
(N. Griessinger, R. Likar, R. Sittl, M. C. Spendel)

- 9.00-10.30: Acute neuropathic pain:
acute nerve injury, acute herpes zoster, intercostal neuralgia
- 10.30-11.00: *Coffee Break*
- 11.00-12.30: Chronic neuropathic pain: post herpetic neuralgia,
polyneuropathy, basic information on co-analgesics
- 12.30-16.00: *Lunch Break*
- 13.30 Optional: Visit Pain and Palliative Clinic
- 15.30-16.45: Guest lecture: Psychological methods in chronic pain
(P. Mattenklodt)
- 16.45-17.30: Treatment of patients with acute complex regional pain
syndrome and central pain syndrome – Case studies
- 17.30-18.00: *Coffee Break*
- 18.00-19.00: Trigeminal neuralgia (M. C. Spendel)
- 19.00-19.30: Cancer pain in children (R. Sittl)

Friday, 4. September 2009
Chronic non-cancer pain syndromes
(N. Griessinger, W. Ilias, R. Likar, R. Sittl)

- 9.00-10.30: Opioids in non-cancer pain, pain therapy of osteoarthritis
- 10.30-11.00: *Coffee Break*
- 11.00-12.30: Pain in the elderly, discussion of videocases
- 12.30-13.15: Guest Lecture: New Trends in postoperative pain
(N. Rawal)
- 13.15-16.45: *Lunch Break*
- 16.45-18.15: Treatment of low back pain, multimodal treatment options
- 18.15-18.30: Test and Summary

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