



Schmerzzentrum Postfach 3560 91023 Erlangen

Muriel Gilbert  
Executive Secretary  
EFIC - European Federation of IASP® Chapters  
Medialaan 24  
1800 Vilvoorde  
Belgium

**Interdisziplinäres  
Schmerzzentrum**

Dr. Reinhard Sittl  
Telefon:  
+49 9131 85-32558  
Fax:  
+ 49 9131 85-32546  
E-Mail:  
Reinhard.Sittl@uk-  
erlangen.de

For the attention of  
Gustino Varassi (President)  
George Shorten (Chair of the Educational Committee)

Report: EFIC AUTUMN PAIN SCHOOL " 2009

Mis en forme : Police :Verdana, 12 pt,  
Anglais (Royaume-Uni)

Dear Giustino, dear George!

The third EFIC Autumn Pain School took place from the 31th of August to the 4<sup>th</sup> of September. The course was organized by Rudi Likar and Reinhard Sittl in close cooperation with EFIC and the Medical Chamber of Carinthia, Austria.

The course lasted one week and the 15 participants came from many different countries (Poland, Croatia, Serbia, Czech Republic, Bosnia, Israel, Germany and Austria).

The course was given in an interactive format supported by modern computer technology. A major point in the success of the workshops is the interactive concept - a mixture of brief lectures, interactive questions and case study discussions. Participants were grouped in small teams. In the case study part each team discussed the questions and provided one solution for the team. The solutions of the different teams were then presented in a summarised form on a main screen and discussed together with the lecturer and all participants.

The interactive sessions (on acute pain, cancer pain, neuropathic pain, headache, pain in the elderly and musculoskeletal pain) were run by Rudi Likar, Reinhard Sittl, Stephan Schug, Heiko Sprott and colleagues from the University of Erlangen and the Academic Teaching Hospital of Klagenfurt.



In addition to the interactive sessions several "Guest lectures" on non-opioids, acute pain, rheumatological pain, cannabinoids and psychological treatment strategies were given by renowned colleagues.

All participants judged the interactive way of imparting pain knowledge as extremely valuable. The content of the following course and all lectures in pdf can be found on [www.paincourse.com/eipc2009/downloads](http://www.paincourse.com/eipc2009/downloads).

To discuss and agree all subjects of our educational programme with EFIC representatives or - to be precise - with the educational committee would be a pleasure for us.

The aim of our course was to teach basic knowledge of pain development and treatment and to give the participants all the possibilities (CDs, Charts etc.) to act as "pain-teachers" themselves in their home countries. We believe that these aims were reached by the course.

We hope you will support EFIC Autumn Pain School in future.

Find attached a ppt file with some pictures from the course and from our trip to Klagenfurt

With kind regards,

Rudi Likar and Reinhard Sittl