

**EFIC Autumn Pain School**  
**Medical Chamber of Carinthia,**  
**Division Pain and Palliative Care**



**5<sup>th</sup> – 10<sup>th</sup> September 2010**

**Parkvilla Woerth, Johannaweg 5, A-9210 Pörschach**  
**- Klagenfurt /Austria**

**Course Directors: Rudolf Likar, Klagenfurt / Reinhard Sittl, Erlangen**

**MAIN TOPICS:**

Acute Pain  
Cancer Pain  
Headache  
Low Back Pain  
Neuropathic Pain  
Pain in the Elderly  
Psychological methods in chronic pain

**Faculty:**

R. Likar, R. Sittl, H.-G. Kress, S. Schug, G. Varrassi

**Interactive lectures:**

R. Likar, R. Sittl, W. Amberger, Ch. Breschan, B. Disselhoff, N. Gießinger, W. Ilias,  
B. Kniesel, K. Reckinger, P. Mattenklodt, M. C. Spindel, K. Ulrich

**Guest Speakers:**

R. Casale, A. Danilov, A. Kopf, H.-G. Kress, P. Moor, S. Schug, G. Varrassi

**Registration Fee: € 900,-- (covers lunches, supporting material, access to the  
international paincourse on internet)**

Limited number of participants!

Bank account:

Hypo Alpe-Adria Bank Klagenfurt, BLZ: 52000, Account Nr.: 1106066 - EIPC

IBAN: AT98 5200 0000 0110 6066, BIC: HAABAT2K

Conference Registration: Medical Chamber of Carinthia, Petra SPENDIER

[www.paincourse.com](http://www.paincourse.com), e-mail: [fortbildung@aekkt.n.at](mailto:fortbildung@aekkt.n.at)

**EFIC Autumn Pain School**



**5th – 10th September 2010  
Pörschach / Klagenfurt - Austria**

**Sunday, 5<sup>th</sup> September 2010**

19.00

Welcome Dinner



**EFIC**  
EUROPE AGAINST PAIN

**Monday, September 6<sup>th</sup> 2010**

**Acute Pain (R. Casale, R. Likar, R. Sittl, M. C. Spendel, B. Kniesel,  
B. Disselhoff)**

- 9.00-9.30: The Role of EFIC  
(G. Varrassi)
- 9.30-10.45: Neuropathic pain – Case reports, Concept on the diagnosis  
(R. Casale)
- 10.45-11.15: *Coffee Break*
- 11.15-12.45: Treatment of acute post-thoracotomy pain, postoperative  
treatment of patient on opioids, treatment of acute shoulder  
pain, use of PCA and PCEA (R. Likar)
- 12.45-16.00: *Lunch Break*
- 16.00-16.45: Non-Opioids  
(S. Schug)
- 16.45-17.30: Invasive diagnosis and therapy in spinal pain (B. Kniesel)
- 17.30-18.00: *Coffee Break*
- 18.00-19.00: Acute low back pain, acute pain in renal colic (**S. Schug**)
- 19.00-20.00: Trigeminal neuralgia (M. C. Spendel)
- Optional workshop:*  
15.00-16.00: *TENS – hands on practice*  
*Indications and practice (B. Disselhoff)*



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**Tuesday, September 7<sup>th</sup> 2010**  
**Cancer Pain (R. Likar, R. Sittl, K. Reckinger, B. Disselhoff)**

- 9.00-10.30: Principles of cancer pain therapy,  
Use of non-opioids (WHO I) and weak opioids (WHO II) in  
cancer pain, use of antiemetics  
(Reckinger/Sittl)
- 10.30-11.00: *Coffee Break*
- 11.00-12.30: Use of strong opioids (WHO III), use of laxatives  
(Reckinger/Likar)
- 12.30-15.00: *Lunch Break*
- 15.00-16.30: Invasive methods in the treatment of cancer pain (R. Likar)
- 16.30-17.00: *Coffee Break*
- 17.00-17.45: Guest Lecture: chronic pain from the patient`s perspective  
**(P. Moor)**
- 17.45-19.30: Therapeutic ultrasound: Indications and practice,  
Low level laser therapy: Evidence and indications  
  
Electro stimulation and laser in acupuncture  
(B. Disselhoff)

Wednesday, September 8<sup>th</sup> 2010

Neuropathic Pain

(A. Danilov, N. Griessinger, R. Likar, R. Sittl, Ch. Breschan, B. Disselhoff)



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|--------------|--|
| 9.00-10.30:  | Chronic neuropathic pain: post herpetic neuralgia, polyneuropathy, basic information on co-analgesics              |
| 10.30-11.00: | <i>Coffee Break</i>  |
| 11.00-12.30: | Chronic neuropathic pain: post herpetic neuralgia, polyneuropathy, basic information on co-analgesics (A. Danilov) |
| 12.30-15.30: | <i>Lunch Break</i>   |
| 13.30        | Optional: Visit Pain and Palliative Clinic   |
| 15.30-16.45: | Guest lecture: Psychological methods in chronic pain<br><b>(P. Mattenklodt)</b>                                    |
| 16.45-17.30: | Treatment of patients with acute complex regional pain syndrome and central pain syndrome – Case studies           |
| 17.30-18.00: | <i>Coffee Break</i>  |
| 18.00-18.30: | Acute Pain in Children (Ch. Breschan)  |
| 18.30-19.30: | Biofeedback: Indications in pain therapy<br>(B. Disselhoff)  |

**Thursday, September 9<sup>th</sup> 2010**  
**Headache (W. Amberger, K. Ulrich)**



9.00-10.30: Migraine - symptoms and treatment, Cluster headache  
- symptoms and treatment (W. Amberger)

10.30-11.00: *Coffee Break*

11.00-12.30: Tension headache, drug-induced headache, symptoms  
and treatment (K. Ulrich)

12.30-12.45: *Refreshments*

12.45-13.30: Cannabinoids and pain control (**H.-G. Kress**)

**Sightseeing Tour in the afternoon, dinner in the evening**



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**Friday, September 10<sup>th</sup> 2010**  
**Chronic non-cancer pain syndromes**  
**(N. Griessinger, W. Ilias, R. Likar, R. Sittl)**

9.00-10.30:	Opioids in non-cancer pain, pain therapy of osteoarthritis
10.30-11.00:	<i>Coffee Break</i>
11.00-12.30:	Pain in the elderly, discussion of videocases
12.30-13.30:	Back Pain (Likar/Sittl)
13.30-14.15:	Opioid-availability in different countries <b>(A. Kopf)</b>
14.15-15.00	Test and Summary